

# CHECK LIST

## Preparing for evacuation to Special Needs Shelters

### Have ready at all times:

- This form
- Name & phone number of medical provider (doctor), home health agency, next of kin, etc.
- List of medications
- 30 day supply of medications
- Books, cards, or games to pass the time
- Arrange for pets to be safe

### Have ready one week prior of storm affecting area – I.e. storm is in the Atlantic/Gulf:

- Medication list
- Medications for 30 – days
- Nebulizer medications for 10 days
- Dressings for wounds for 10 days
- Tube feeding supplies for 10 days
- Food for special dietary needs
- IV supplies – for 30 days
- Catheter/ostomy supplies for 10 days
- Lawn chair/cot, blanket/sleeping bag, pillow
- Flashlight
- Cash for purchases after a disaster (do not bring a lot of cash to shelter)
- Personal hygiene items
- Change of clothes for 3 days
- Sweater/jackets
- Notify family, out of area, of pending evacuation
- LABEL ALL EQUIPMENT - with name, address, phone including wheelchair, walkers, luggage, nebulizer, oxygen concentrator, etc.

### 36 hours before storm impact – everything packed and ready to evacuate:

- Medications for 30 days
- IV medications and ice chest (with cold packs) if needed to be kept cold
- Oxygen tank (1-2 extra), oxygen tubing
- Oxygen Concentrator – BRING THIS TO THE SHELTER! (buses transportation will load onto bus for transport)
- Nebulizer and attachments
- Wound care supplies
- Tube feeding cans
- Identification and Valuable papers
- Special food
- REVIEW ABOVE LIST AND TRIPLE CHECK THAT EVERYTHING IS DONE!

TWO HOURS PRIOR TO LEAVING YOUR HOME, SHOWER, PUT ON CLEAN CLOTHES AND HAVE A MEAL!